

WASH United

Country Roll-Out
2010

Final Report
For LESOTHO





Final Report about implementation of WASH United in Lesotho

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1 Assessment of the Project

1.1 Activities – Attached also ANNEX 1: Activities in Pictures

- Number and types of activities implemented, summary of monthly narrative reports, *WASH United Activity Planner* as attachment where useful

It must be strongly emphasized that WASH United Lesotho activities from the beginning were planned to be embedded in organizations already dealing with WASH issues and Sports for sustainability purposes.

WASH United Lesotho activities started with Advocacy work already in February 2010 among the Civil Society Organizations and identifying partners in different Government Ministries. Institutions with activities relevant to WASH United Campaign were approached such as the Lesotho Football Association (LEFA) through which WASH United was asked to present their work to a Forum of journalists which though nothing much happened in collaboration with LEFA afterwards, at least a number of Media houses were informed of WASH United activities. The Ministry of Natural Resources that houses Sanitation and Water Issues is one organization that WASH United was bound to work with though the Commissioner of Water who so warmly accepted the Campaign afterwards was not easy to meet and plan together what would be done in collaboration with his Department. Ministry of Health and Social Welfare (MoHSW) through its Environmental Health and Health Education Divisions very highly accepted leading the activities as one of the aims of WASH United Lesotho was to embed its activities in existing institutions for sustainability. MoHSW Environmental Health Assistants (EHAs) from eight districts were trained on WASH United tools as they (EHAs) work already with schools and communities to teach them of proper Hygiene. The Ministry of Education and Training-Primary was also very interested though it was not easy to meet the Decision Makers in the Ministry when real work had to be done.

WASH United Lesotho was lucky also to have Football Star Mr. Kabelo Mosothoane as WASH United Champion as he is also a Radio Football Programme Presenter which gave WASH United a chance to publicize its messages/activities through National Radio and TV stations. Coming across Dr Teboho Lekhanya who is already into promoting Sports Health was an opportunity through which WASH United got its way to LEFA Women's Football that contributed in disseminating WASH United activities to different parts of the country in collaboration with Hunters Academy that trains young boys to become football stars and Kick4Life, an NGO that sensitizes street kids on HIV/AIDS.



Summary of WASH United Lesotho Activities

- 1.1 WASH United in schools:** In cooperation with the Ministry of Health and Social Welfare (MoHSW) as strongly committed WASH United partner, WU country coordinator, TED conducted training in WASH United tools to eight Environmental Health Assistants from eight districts as these work with schools and communities in hygiene promotion. This event on April 29, 2010, was the Launch of **WASH United in Schools**; in total 10 schools have been reached with a total of **1895** pupils.
- 1.2 WU in Football Clubs** was launched with a training of Kick4Life and Hunters Academy volunteers on WU tools in May 2010, which led afterwards to football tournaments using the World Toilet Cup as main game though other games like Hand Washing Challenge and the Colour Hand Games were played, too. In total, Football club activities reached 63 clubs with at least **1180** children until November 2010.
- 1.3 Media coverage** includes quiz on June 10, 2010 on National Radio Station with partner from KGC, one hour interview on Nov. 18, TV documentations (TV Lesotho and ZDF German TV) and interviews (Nov. 19, Lesotho TV). Drama on WASH United messages were staged to change people's behaviour in schools, during WU partner evaluation workshops which also commemorated World Toilet Day that was not known in Lesotho before.
- 1.4 Competition and Debate on water, sanitation and hygiene:** EHAs organized a debate on water, sanitation and hygiene in which six schools contested to test their knowledge and understanding of WASH messages after the intervention of WASH United in their schools. Representatives of seven classes from each of the six schools answered questions to test their knowledge on WASH and to say what they have learnt from WASH messages. Furthermore the pupils passed their understanding of WASH to other pupils to show if they had understood the WASH United messages. They also played the WTC game and the pupils demonstrated how to wash hands properly. T-shirts, Tipp-Kick Game, balls, toilet paper and soap were given to the children who represented their schools and to the best performers.
- 1.5 Evaluation workshop on World Toilet Day (WTD):** WASH United coordinator, TED invited all partners to participate in a Joint Evaluation meeting on World Toilet Day, Nov. 19, 2010 in Maseru. The objectives of this meeting were (1) to celebrate WTD for the first time in Lesotho, thus raising the voice for about 75% of the rural and 48% of the urban population in Lesotho without access to hygienic and environmentally safe sanitation, and (2) to reflect the lessons learned during the



joint work with WASH United. The results of this workshop are included in the present document.

Map indicating where initial WASH United activities took place: in these places trained Health Assistants worked in collaboration with Schools and Football Teams



2 Partners

Health Assistants and Kick4Life Coordinators trained in WU messages and methodologies facilitated WASH United Lesotho to access the country wide audience and stakeholders; therefore roll-out of WASH United activities in Lesotho has gone way beyond the targets set regardless of delays in getting complete WASH United materials. (For details please refer to ANNEX 2)

- 2.1 WASH United Lesotho has teamed up with the **Ministry of Health and Social Welfare (MoHSW)**, thus obtaining contact to the Environmental Health Assistants (EHA) in the districts who are working with schools communities and sport clubs. The EHA on their turn motivated teachers to carry the WASH United messages and their own lessons learned into the district structures of the **Ministry of Education and Training**.
- 2.2 The **Commissioner of Water, Ministry of Natural Resources**, welcomed the initiative and promised support; due to being overcharged with other political duties in the water sector, his direct support had to be less than expected.
- 2.3 **Lesotho Football Association (LEFA)**, Senior Women Football Coach Ms Maleshoane Mokhathi has joined WASH United Club and has started education on WASH for All to coaches in Maseru while trainings took place in other districts in July/August.



2.4 WASH United partner **Dr. Teboho Lekhanya (KGC)**, Medical Doctor, Football Health Education Activist and leading member in the Medical Association of Lesotho, works in Qacha's Nek with football teams. In July and August there were a number of events taking place on WASH education in football teams, even in very remote areas of this southern district.

2.5 **Development for Peace Education (DPE)**, a Lesotho based NGO, teamed up with WASH United to bring WASH education to football teams in the Thaba-Bosiu area. DPE Director says "WASH United approach as I saw on TV is the best approach to educate people, if you want to educate people on a certain topic, catch them where nobody invites them, the football ground, they invite themselves there!"

2.6 **Quality of collaboration with WASH United International Secretariat:** Generally there has been good cooperation with WU International Secretariat though because of pressure at which work was done there have been some misunderstanding here and there but they could eventually be ironed out.

3. Unforeseen events

3.1 Description of unforeseen results / events

Launch of the WASH United Club Lesotho with high officials had to be postponed, and finally could not be carried out as planned.

3.2 Reasons and comments in case of deviations from initial planning

WASH United Lesotho had originally planned with partners to launch the campaign at a very big annual Public Service Day where Government Ministries hold competitions; it was planned to have the World Toilet Cup and the other WU games played there. But that day which is normally celebrated in June was postponed to October and the whole plan also had to change. The plan was to mainstream WU activities in the Ministries where Ministry of Education and Training, Ministry of Health and Social Welfare, Ministry of Natural Resources and the Ministry of Sports were identified as those Ministries that would be the most appropriate leaders to mainstream WASH United activities in the different levels within their institutions.



4. Assessment of objectives

The objectives/ goals have been achieved. (if possible, please refer to the indicators/ benchmarks defined in the WASH United Guidelines)

- 4.1 WASH United's main goal and objective was to **Educate about WASH and ensure an active participation of the children/adolescents using WASH United's football-related materials in which participants gain knowledge about the importance of safe drinking water and sanitation, as well as about why and how to wash their hands effectively;**

This goal has been achieved to the highest degree: schools that have been involved in the campaign are planning to present WU tools to the Ministry of Education and Training to be adopted and included in the curriculum. Football clubs have now mainstreamed WU messages in the activities in which one of the partners of WU in one constituency intends to have as criteria for football grounds toilets and hand washing facilities to qualify as safe football grounds

WU Lesotho has presented one original component of WU tools, "My School Loo", to Early Childhood Care and Development (ECCD) Division of the Ministry of Education and Training; it will potentially be piloted in ECCD Centres in 2011. Above all children involved have forced their parents to build toilets; and they are the ones teaching their communities about WASH United and hand washing with soap and clean water.

- 4.2 The goal "**Facilitate behaviour change with regard to use of toilets and hand washing with soap and encourage children to share new knowledge and behaviour with family and friends**", has also been achieved so highly that children in some cases have told their teachers to go and wash hands if teachers went to toilet and forgot to wash hands. Pupils in schools no longer accept food from cooks in schools, even not from their parents, if they have not washed their hands before the food was served.

5. Consequences for the work to be done in the future

5.1 Lessons learned

- a) In summary, it was confirmed that the popularity of football and other sports has helped to explain WASH United principles.



- b) WASH United tools are powerful and have the potential to be introduced to all levels of communities.
- c) The message on Water & Sanitation as a Human Right has to be approached with care as it could turn politicians down and not support the initiative as they feel it pressurizes them.
- d) One has to be very patient in working with Government as decision making can take “ages” before you achieve your goal.
- e) It is best to use the “bottom-top” approach if you want to reach a large number of the population as opposed to the “top-bottom” approach; the later receives more politically motivated resistance.
- f) Even teachers and football coaches have not been aware of the impact of sanitation and hygiene in human health before they participated in WASH United training sessions.
- g) Many people after having participated in WASH United events have become creative and build their toilets and simple but effective hand washing facilities, both in schools and at home. It was observed that the educated children and teachers spread the WASH United messages to parents, friends and neighbours.

5.2 Description of tendencies and perspectives

E.g. changes necessary in project concept/ indicators/ implementation etc.

5.2.1 WASH United Lesotho has been requested by teachers and parents in schools reached to approach and influence the Ministry of Education and Training to include WASH United Games as a way to educate students on hygiene as WASH United messages are easily understood by students.

5.2.2 Some WU partners in the districts applied pre- and post-evaluations in order to proof WASH United’s influence on behaviour change. This revealed that language could be a significant barrier; e.g. in Qacha’s Nek District 4 different languages are spoken, and not every child understands Sesotho.



5.2.3 WASH United coordinator and partners observed that since the WASH United sessions football players bring their own water bottles to the football field for hand washing and drinking. However, the challenge remains that there are no toilets, not clean water and not soap available at the football fields where footballers were advised to carry small pieces of soap in their pockets to use when need arises.

5.2.4 Once the children knew what WASH United stands for and how they can protect themselves from diarrhoea and other diseases caused by poor hygiene and sanitation, they behave different and demand this behaviour from others too. Students observe their teachers and parents now and teach them to wash their hands properly.

5.2.4 WASH United Participants or Champions can tell anybody why and when to wash their hands, why to cover food, why to boil water for drinking and why to keep the environment and the toilets clean. And although cleaning the toilet is not really a popular work, students as WU Champions take this work as a good health habit.

5.3 Recommendations regarding evaluation / follow-up activities/ measures

Participatory Evaluation of WASH United activities in Lesotho produced a list of findings that could be an outline for follow-up activities and quality indicators for a long term and successful programme implementation

5.3.1 In summary, all WASH United stakeholders agreed that the sportive explanation of WASH messages has changed people's behaviour, and that the huge challenge now consists in the lack of toilets, clean water and soap.

5.3.2 Stakeholders reported to intervene if there are people in the community who don't know about WASH United and don't adopt the hygiene rules.

5.3.3 WASH United partners and champions have taken the stake: they search actively for funds to buy soap and other hygiene commodities. They talk to community councillors about building toilets where they are not available.



5.3.4 It has become a common aim to improve the own living standard so that the community members really want to be WASH United Champions.

5.3.5 It is important that children learn the facts about water, sanitation and hygiene in school because at home they cannot learn it correctly. Therefore one recommendation for the future campaign development is to include also explicitly High Schools into the campaigning to spread the WASH United message.

5.3.6 WASH United training sessions esp. for teachers and coaches should be repeated as refresher courses to keep the importance of the topic in mind.

Place, date _____ Maseru, Lesotho 13.12.2010 _____

Signature _____  _____

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ANNEX 2: Partners

	Organization	Contact Person	Contact Details
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4.	Ministry of Natural Resources Water Commissioner's Office	Mr. Emmanuel Lesoma Mr. Motoho Motoho	+266 22320 217 +266 6307 1131
5.	Hunters Academy	Mr. Rapelang van Tonder	+266 5858 3217
6.	Kick4Life	Mr. Refiloe Maphalla Mr. Malefetsane Lenanya	+266 5060 7397/2231 2150 /5844 5443
7.	Koeneng Golden Champs (KGC)	Dr. Teboho Lekhanya	+266/6301 7271/5885 1580 /2295 0310 lekhat@yaho.co.uk
8.	Berea Schools (Makola PS, The Lord's PS, Berea PS, St.Cecilia PS, Majara United PS, Leshoboro PS)	Ms. Mankau Tsoamotse	+266 5841 0414 mankautsoamotse@yahoo.com
9.	Mokhotlong Schools (Tsepong PS, Lithoteng ECCD, Motete ECCD)	Mr. Maleleka Seleke	+266 6326 4561
10.	Living and Loving PS	Mrs. Nthabiseng Fiebig	+266 2233 5776
11.	Machache Sports Union	Mr. Sofonea Shale Mr. Mohapi Seakhe	+266 5885 4920 shalesofonea@yahoo.com
12.	Lesotho Football Association, LEFA	MS Maleshoane Mokhathi	+266 5946 6111
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